

Nutrition Facts	
Serving Size: 1 Scoop (8g)	
Servings Per Container: 57	
Suggested use: Take one or more scoops daily as directed by a health care professional.	
Amount Per Serving	
Calories 35	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat <1g	0%
Cholesterol 5mg	2%
Sodium 13 mg	1%
Potassium 30mg	1%
Total Carbohydrate 1g	<1%
Dietary Fiber <1g	0%
Sugars <1g	
Protein 5g	
L-Arginine	25mg **
L-Glutamine	25mg **
Vitamin A <1% - Vitamin C 0% - Calcium 5% - Iron 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
**Daily Value not established.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	Less than 3,500mg 3,500mg
Total Carbohydrates	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 - Carbohydrate 4 - Protein 4	

Other ingredients: Instantized Whey Concentrate, Flax Seed, Natural and Artificial Vanilla Flavor, Xanthan Gum, L-Glutamine, L-Arginine and Sucralose.

Amino Acid Profile Per 100 Grams:

Isoleucine (BCAA)	5990mg	Glycine	1740mg
Leucine (BCAA)	9940mg	Threonine	6660mg
Valine (BCAA)	5500mg	Aspartic Acid	10,140mg
Arginine	2840mg	Tyrosine	2900mg
Lysine	8300mg	Proline	5700mg
Cystine	2800mg	Histidine	1740mg
Methionine	2410mg	Serine	4830mg
Glutamic Acid	18,190mg	Alanine	4830mg
Phenylalanine	3280mg	Tryptophan	2220mg

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.